



# Active Spine Chiropractic

570 Williamson Road, Suite E • Mooresville, NC 28117  
704-663-7625 • ActiveSpineNC.com

## Welcome

Dr. Charlet and the staff of Active Spine Chiropractic welcome you and want to provide you with the best possible care. We will conduct a thorough history and physical examination to decide if we can assist you. If we do not believe that your condition will respond to chiropractic care, we will not accept you as a patient but will refer you to another health care provider, if appropriate.

## Insurance

This office will process your insurance forms upon request. We will do our utmost to provide sufficient information to your carrier to obtain payment for your treatment. We have found that, in some instances, however, insurance companies will deny or reduce payment despite our best efforts to demonstrate the necessity for care. In the event that full payment is not made for any reason, you must understand that you are responsible to make payment in full.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

## Patient Identification:

-PLEASE PRINT-

\_\_\_\_\_  
Last Name

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Date of Birth

☐ Married ☐ Single  
☐ Widowed ☐ Divorced ☐ Separated

\_\_\_\_\_  
First Name (Legal)

☐ Male ☐ Female

\_\_\_\_\_  
☐ Employer ☐ School

\_\_\_\_\_  
Preferred to be Called

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Social Security Number

☐ Employed Full-Time ☐ Student Full-Time  
☐ Employed Part-Time ☐ Student Part-Time  
☐ Not Employed ☐ Self-Employed  
☐ Retired ☐ Active Military

## Contact Information:

\_\_\_\_\_  
Address

\_\_\_\_/\_\_\_\_-\_\_\_\_  
Home Phone

\_\_\_\_\_  
City

\_\_\_\_/\_\_\_\_-\_\_\_\_  
Cell Phone

\_\_\_\_\_  
State and Zip Code

\_\_\_\_/\_\_\_\_-\_\_\_\_  
Work Phone : Extension # \_\_\_\_\_

\_\_\_\_\_  
Emergency Contact

☐ Spouse ☐ Girl/Boy Friend  
☐ Parent ☐ Friend  
☐ Other \_\_\_\_\_

\_\_\_\_/\_\_\_\_-\_\_\_\_  
Emergency Contact Phone

\_\_\_\_\_  
Email Address

(We only use your email for contact, newsletters and updates about our practice. We do not share emails with or sell to any third-party.)

## Acceptance As Patient

I understand and agree that Dr. Charlet of Active Spine Chiropractic has the right to refuse to accept me as a patient at any time before treatment begins. The taking of a history and the conducting of a physical examination are not considered treatment, but are part of the process of information gathering so that the doctor can determine whether to accept me as a patient.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date



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---

## Minor Consent

\_\_\_\_\_  
*Patient Name*

I, \_\_\_\_\_ hereby request and authorize Active Spine Chiropractic to perform diagnostic tests and render chiropractic adjustments and other treatment to my minor, \_\_\_\_\_, my ☐ Son ☐ Daughter ☐ Ward. This authorization extends to all doctors and office staff members and is intended to include radiographic examination at the doctor's discretion.

As of this date, I have the legal right to select and authorize health care services for the minor child named above.

(If applicable) Under the terms and conditions of my divorce, separation or other legal authorization, the consent of a spouse/ former spouse or other parent is not required. If my authority to so select and authorize this care should be revoked or modified in any way, I will immediately notify this office.

\_\_\_\_\_  
*Parent/Guardian Signature*

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Printed Name*

\_\_\_\_\_  
*Relationship to Patient*

\_\_\_\_\_  
*Witness Signature*

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
*Date*



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Patient Name \_\_\_\_\_

Date \_\_\_\_\_

- |  |                              |                             |
|--|------------------------------|-----------------------------|
| Do you have vertigo (dizziness)?   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Do you pass out easily (faint or loss of consciousness)?</b>                      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have double vision or have you lost sight in one eye?                         | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Do you have any slurred speech or difficulty with speech?</b>                     | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have indigestion or difficulty swallowing?                                    | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Do you have any difficulty walking, with coordination or falling to one side?</b> | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have nausea or vomiting?  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Do you have numbness on one side of your face or body?</b>                        | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have any visual disturbances or rapid eye movement?                           | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Do you have or have you ever had difficulty in arranging words properly?</b>      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have a headache or head pain that is unlike any you have had before?          | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Do you have headaches for hours or days?</b>                                      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have chest pain?  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Do you have difficulty breathing?</b>   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have any change in bowel or bladder habits?                                   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Do you have a sore that does not heal?</b>  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have any unusual bleeding or discharge?                                       | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Do you have any thickening in your breasts or elsewhere?</b>                      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have a change in any wart or mole?  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Do you have a nagging cough or hoarseness?</b>                                    | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have night sweats?  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Do you have pain in neck, jaw or face?</b>  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have a drooping eyelid or change in your pupils?                              | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Do you have any ringing in your ears?</b>   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Does your pain ever wake you from a sound sleep?                                     | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Are you losing or gaining weight now without trying?</b>                          | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are you coughing up blood or noticing it in your stools or urine?                    | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Have you had any loss of bladder or bowel control?</b>                            | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Have you lost consciousness or had double vision recently?                           | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Are you seeing any other doctor now for any reason?</b>                           | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Have you felt fatigued or weak for no apparent reason?                               | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <b>Has there recently been a change in your appetite?</b>                            | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Have you had a recent fever or chills?   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Additional Comments: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_



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Complaint #1: \_\_\_\_\_

Pain Came On: ☐ Gradually ☐ Immediately  
Pain Is Getting: ☐ Better ☐ Same ☐ Worse

Grade: \_\_\_\_\_ (On A Scale Of 1-10, 1=good 10=bad)

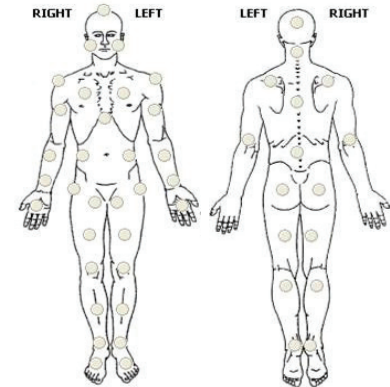
Intensity: ☐ Minimal ☐ Slight ☐ Moderate ☐ Severe  
Frequency: ☐ Intermittent ☐ Occasional ☐ Frequent ☐ Constant

Describe Feeling: ☐ Dull ☐ Sharp ☐ Aching ☐ Shooting  
☐ Spasm ☐ Throbbing ☐ Burning ☐ Numbing  
☐ Tingling ☐ Other: \_\_\_\_\_

How Long Has It Been Hurting: \_\_\_\_\_

How Did You Get This Injury: \_\_\_\_\_

Circle the area where you have PAIN:



Please check mark the Actions Affecting this Pain: (B) Brings On (A) Aggravates (R) Relieves

In the Morning: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	In the Afternoon: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Bending Forward: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R
Bending Back: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Bending Left: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Bending Right: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R
Twisting Left: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Twisting Right: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Coughing: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R
Sneezing: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Straining: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Standing: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R
Lifting: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Sitting: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Heat: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R
Cold: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Rest: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Lying Down: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R
Medications: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R		

☐ Nothing Relieves the Pain Other : \_\_\_\_\_ ☐ B ☐ A ☐ R

## Pain Radiates To:

Head: <input type="checkbox"/> Right <input type="checkbox"/> Left	Neck: <input type="checkbox"/> Right <input type="checkbox"/> Left	Shoulder: <input type="checkbox"/> Right <input type="checkbox"/> Left
Arm: <input type="checkbox"/> Right <input type="checkbox"/> Left	Hand: <input type="checkbox"/> Right <input type="checkbox"/> Left	Hip: <input type="checkbox"/> Right <input type="checkbox"/> Left
Leg: <input type="checkbox"/> Right <input type="checkbox"/> Left	Foot: <input type="checkbox"/> Right <input type="checkbox"/> Left	

Pain Also Radiates To: \_\_\_\_\_

Complaint #2: \_\_\_\_\_

Pain Came On: ☐ Gradually ☐ Immediately  
Pain Is Getting: ☐ Better ☐ Same ☐ Worse

Grade: \_\_\_\_\_ (On A Scale Of 1-10, 1=good 10=bad)

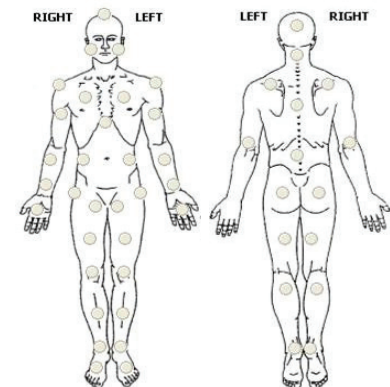
Intensity: ☐ Minimal ☐ Slight ☐ Moderate ☐ Severe  
Frequency: ☐ Intermittent ☐ Occasional ☐ Frequent ☐ Constant

Describe Feeling: ☐ Dull ☐ Sharp ☐ Aching ☐ Shooting  
☐ Spasm ☐ Throbbing ☐ Burning ☐ Numbing  
☐ Tingling ☐ Other: \_\_\_\_\_

How Long Has It Been Hurting: \_\_\_\_\_

How Did You Get This Injury: \_\_\_\_\_

Circle the area where you have PAIN:



Please check mark the Actions Affecting this Pain: (B) Brings On (A) Aggravates (R) Relieves

In the Morning: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	In the Afternoon: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Bending Forward: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R
Bending Back: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Bending Left: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Bending Right: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R
Twisting Left: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Twisting Right: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Coughing: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R
Sneezing: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Straining: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Standing: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R
Lifting: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Sitting: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Heat: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R
Cold: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Rest: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R	Lying Down: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R
Medications: <input type="checkbox"/> B <input type="checkbox"/> A <input type="checkbox"/> R		

☐ Nothing Relieves the Pain Other : \_\_\_\_\_ ☐ B ☐ A ☐ R

## Pain Radiates To:

Head: <input type="checkbox"/> Right <input type="checkbox"/> Left	Neck: <input type="checkbox"/> Right <input type="checkbox"/> Left	Shoulder: <input type="checkbox"/> Right <input type="checkbox"/> Left
Arm: <input type="checkbox"/> Right <input type="checkbox"/> Left	Hand: <input type="checkbox"/> Right <input type="checkbox"/> Left	Hip: <input type="checkbox"/> Right <input type="checkbox"/> Left
Leg: <input type="checkbox"/> Right <input type="checkbox"/> Left	Foot: <input type="checkbox"/> Right <input type="checkbox"/> Left	

Pain Also Radiates To: \_\_\_\_\_



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The Patient's Complaints are: ☐ Same ☐ Worse  
Have You Lost Time From Work? ☐ Yes ☐ No  
If Yes, For How Long? \_\_\_\_\_  
Can You Do Physical Work Activities? ☐ Yes ☐ No  
If No, Why? ☐ Pain ☐ Weakness ☐ Stress ☐ Other

Can You Go To Sleep Without Problems? ☐ Yes ☐ No  
Do You Awaken Because Of Pain? ☐ Yes ☐ No  
If Yes, Where is the Pain? \_\_\_\_\_  
Have You Had Sleep Problems Before? ☐ Yes ☐ No

## The Patient is Having Problems with:

- |                                   |                                   |                                     |                                       |                                     |  |
|-----------------------------------|-----------------------------------|-------------------------------------|---------------------------------------|-------------------------------------|--|
| <input type="checkbox"/> Seeing   | <input type="checkbox"/> Tasting  | <input type="checkbox"/> Smelling   | <input type="checkbox"/> Eating       | <input type="checkbox"/> Nervous    | <input type="checkbox"/> Tactile Feeling       |
| <input type="checkbox"/> Hearing  | <input type="checkbox"/> Bathing  | <input type="checkbox"/> Grooming   | <input type="checkbox"/> Dressing     | <input type="checkbox"/> Irritable  | <input type="checkbox"/> Loss of Concentration |
| <input type="checkbox"/> Reading  | <input type="checkbox"/> Typing   | <input type="checkbox"/> Writing    | <input type="checkbox"/> Grasping     | <input type="checkbox"/> Sports     | <input type="checkbox"/> Change in Personality |
| <input type="checkbox"/> Holding  | <input type="checkbox"/> Pinching | <input type="checkbox"/> Standing   | <input type="checkbox"/> Leaning      | <input type="checkbox"/> Reclining  | <input type="checkbox"/> Restful Sleeping      |
| <input type="checkbox"/> Walking  | <input type="checkbox"/> Stooping | <input type="checkbox"/> Squatting  | <input type="checkbox"/> Climbing     | <input type="checkbox"/> Insomnia   | <input type="checkbox"/> Loss of Sexual Drive  |
| <input type="checkbox"/> Kneeling | <input type="checkbox"/> Bending  | <input type="checkbox"/> Twisting   | <input type="checkbox"/> Carrying     | <input type="checkbox"/> Exercising | <input type="checkbox"/> Using the Toilet      |
| <input type="checkbox"/> Lifting  | <input type="checkbox"/> Pushing  | <input type="checkbox"/> Pulling    | <input type="checkbox"/> Reaching     |                                     |  |
| <input type="checkbox"/> Sitting  | <input type="checkbox"/> Driving  | <input type="checkbox"/> Riding Car | <input type="checkbox"/> Plane Travel |                                     |  |

## Please list your Past Medical Conditions

(i.e. Heart Disease, High Cholesterol, Cancer, etc.)

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## Please list any Past Surgical Procedures with dates

(i.e. Knee Surgery, Heart Surgery, etc.)

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## Please list any Allergies you may have

(i.e. Sulfur, Penicillin, Pets, Seafood, etc.)

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## Please list Medical Conditions of Family Members

(i.e. Heart Disease, Cancer, etc. : (Heart Disease - Mother's Father))

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## Please list the Medications, Vitamins, and Nutritional Supplements that you are currently taking.

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Please check one: ☐ Married ☐ Single ☐ Divorced ☐ Widowed ☐ Separated

Do you use any of the following: ☐ Tobacco ☐ Alcohol ☐ Coffee How many Children do you have? \_\_\_\_\_

Parent/Guardian Signature

Date

# Functional Rating Index

- FOR USE WITH NECK AND/OR BACK PROBLEMS ONLY -

In order to properly assess your condition, we must understand how much *your neck and/or back problems* have affected your ability to manage everyday activities. For each item below, *please circle the number which most closely describes your condition right now.*

## 1. Pain Intensity

0	1	2	3	4
No pain	Mild pain	Moderate pain	Severe pain	Worst possible pain

## 2. Sleeping

0	1	2	3	4
Perfect sleep	Mildly disturbed sleep	Moderately disturbed sleep	Greatly disturbed sleep	Totally disturbed sleep

## 3. Personal Care (washing, dressing, etc.)

0	1	2	3	4
No pain; no restrictions	Mild pain; no restrictions	Moderate pain; need to go slowly	Moderate pain; need some assistance	Severe pain; need 100% assistance

## 4. Travel (driving, etc.)

0	1	2	3	4
No pain on long trips	Mild pain on long trips	Moderate pain on long trips	Moderate pain on short trips	Severe pain on short trips

## 5. Work

0	1	2	3	4
Can do usual work plus unlimited extra work	Can do usual work; no extra work	Can do 50% of usual work	Can do 25% of usual work	Cannot work

## 6. Recreation

0	1	2	3	4
Can do all activities	Can do most activities	Can do some activities	Can do a few activities	Cannot do any activities

## 7. Frequency of pain

0	1	2	3	4
No pain	Occasional pain; 25% of the day	Intermittent pain; 50% of the day	Frequent pain; 75% of the day	Constant pain; 100% of the day

## 8. Lifting

0	1	2	3	4
No pain with heavy weight	Increased pain with heavy weight	Increased pain with moderate weight	Increased pain with light weight	Increased pain with any weight

## 9. Walking

0	1	2	3	4
No pain; any distance	Increased pain after 1 mile	Increased pain after 1/2 mile	Increased pain after 1/4 mile	Increased pain with all walking

## 10. Standing

0	1	2	3	4
No pain after several hours	Increased pain after several hours	Increased pain after 1 hour	Increased pain after 1/2 hour	Increased pain with any standing

Name \_\_\_\_\_

PRINTED

Signature \_\_\_\_\_

Date \_\_\_\_\_

Total Score \_\_\_\_\_





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## Assignment of Insurance Benefits

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Patient's Date of Birth

\_\_\_\_\_  
Insured's Name

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Insured's Date of Birth

\_\_\_\_\_  
Insured's Address (if different from Patient)

**I authorize and direct that payment be made directly to:**

**Active Spine Chiropractic, 570 Williamson Road, Suite E, Mooresville, NC 28117**

For any and all insurance benefits or reimbursement for services rendered by Active Spine Chiropractic which amounts would otherwise be payable to me under any insurance or pre-paid health care plan.

## Release of Information

By signing below, I authorize the release of any information concerning my health and health care services to my insurance companies, other health care professionals, or hospitals when necessary for diagnosis, assessment, or treatment of my health condition. I also authorize the release of any health information and billing records to another party if they are potentially responsible for payment of my services.

## Payment Agreement

I understand that there is no guarantee that my insurance companies or pre-paid health plan will cover or pay for all of my charges. Notwithstanding denial, reduction of benefits or failure to pay for any reason, I understand that I am responsible for all remaining charges. I also understand that if my account becomes delinquent, Active Spine Chiropractic will utilize the services of a collection agency. If this action is needed, I will be responsible for any additional fees accumulated to collect my outstanding balance.

## Consent To Care

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic X-rays, on me (*or on the patient named below, for whom I am legally responsible*) by the doctor of chiropractic named below and/or other licensed doctors of chiropractic who now or in the future work at the clinic or office listed below or any other office or clinic.

I have had an opportunity to discuss with the doctor of chiropractic named below and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and other procedures. I understand that results are not guaranteed.

I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including but not limited to fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely upon the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known to him or her, is in my best interest.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

## HIPAA Privacy Practices

I acknowledge that I have received and/or have been given the opportunity to review this Chiropractic Offices's Notice of HIPAA Privacy Practices for protected health information.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date